



Pupil Questionnaire

Name:

Date:

Here are some statements or descriptions about how you might have been feeling or thinking about things over the past couple of weeks.

For each one please put a tick in the box which best describes your thoughts and feelings; there are not right or wrong answers

Statement	Never	Not much of the time	Some of the time	Quite a lot of the time	All of the time
1. I think good things will happen in my life					
2. I have always told the truth					
3. I've been able to make choices easily					
4. I can find lots of fun things to do					
5. I feel that I am good at some things					
6. I think lots of people care about me					
7. I like everyone I have met					
8. I think there are many things I can be proud of					
9. I've been feeling calm					
10. I've been in a good mood					
11. I enjoy what each new day brings					
12. I've been getting on well with people					
13. I always share my sweets					
14. I've been cheerful about things					
15. I've been feeling relaxed					

'Never settle for less than your best'

Jesus said, 'I am the light of the world. Whoever follows Me will not walk in darkness, but will have the light of life.' John 8:12